



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Wave Riders Athlete Code of Conduct

I will exhibit good sportsmanship at all times.

I will demonstrate the YMCA's core values of Honesty, Caring, Respect and Responsibility through my words and actions.

I will give my best effort – physically, emotionally, and mentally.

I will support all team members.

I will be respectful toward teammates, competitors, coaches, officials, spectators, and parents.

I will strive to be aware of and constructively handle emotions.

I will set goals and work toward them in a healthy way.

I will refrain from using drugs, alcohol and performance-enhancing substances.

I will refrain from words and actions that harm others in any way.

I will not cheat and encourage others not to do so.

I will strive to relate to others with acceptance and understanding.

I will take responsibility for my words, actions, and attitude and show members of our team respect and support.

I will be committed to the team, attending practices and competitions through the end of the season.

I understand that I am a role model in our community and part of a greater organization of the YMCA family whose mission includes giving back to our community. I will participate in events with the Wave Riders that meet that mission. Often called "Y KIDS GIVE BACK".

Wave Rider Printed Name

Wave Rider Athlete Signature

Date

Parent Signature

Date

Coach Signature

Date