

YMCA of Auburn-Lewiston  
with DuBois Realty Group  
and Fueled By Nutrition



# MOVEMENT MASHUP

## Community Group Exercise Event

9:00 - 10:30 AM

SAT APRIL 18, 2026

62 TURNER ST, AUBURN

RSVP REQUIRED, SCAN THE QR TO REGISTER!

During this mashup event we're running back-to-back samples of our most popular group exercise classes. Come try our facility at 62 Turner Street free of charge, meet our friendly staff and learn about our programs.



SCAN TO RSVP

Special thanks to  
our event partners:



**DuBois**  
Realty Group



Energy Drinks • Smoothies • Bobba