



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YOUR Y NEEDS YOU!

### Dear YMCA Members,

We could use your help! Our Membership Department is looking for friendly, reliable volunteers to assist with welcoming members & guests and helping keep our welcome centers running smoothly.

Becoming a Y volunteer for just **2.5 hours a week** will also trigger a **FREE membership for yourself**. Your time and energy will make a big difference!



### This is a great way to:

- Stay active and engaged in our YMCA community.
- Meet new people and make meaningful connections.
- Give back to the place that gives so much to others.

### What we ask our volunteers to do:

- Greet members and guests at the Welcome Center.
- Assist members with check-ins and answer questions.
- Light cleaning.



Scan the QR to access our online application form and select **Front Desk** to apply as a **membership volunteer**. For more information about volunteering for this membership role at the YMCA of Auburn-Lewiston, please contact Nicole Oberlander at [noberlander@alymca.org](mailto:noberlander@alymca.org) or call 207-795-4095 ext. 209.