



YMCA of Auburn-Lewiston
62 Turner Street, Auburn, ME
**FULL-TIME FITNESS ACCESS (FTFA)
INFORMATION, ELIGIBILITY, AND GUIDELINES**

This Full-Time Fitness Access agreement is being extended to qualifying members of YMCA of Auburn-Lewiston at 62 Turner Street, Auburn, Maine only. Adherence to our Code of Conduct and rules in this waiver must be acknowledged in writing before this benefit is activated.

WHAT IS THE FULL-TIME FITNESS ACCESS PROGRAM?

The YMCA of Auburn-Lewiston's (YMCA) Full-Time Fitness Access (FTFA) program is a new benefit limited to specific categories of paid members of the Association. FTFA grants members the ability to use all cardio and weight-lifting areas after-hours, 7 days per week. This allows members to work on their fitness and wellness goals when it is most convenient for them - 24 hours per day, 7 days per week, 365 days per year!

ELIGIBILITY FOR FTFA AT THE YMCA AUBURN-LEWISTON AT 62 TURNER STREET.

The following criteria must be met to be considered eligible for FTFA:

- Individuals must be 18+ and have an active membership at the YMCA of Auburn-Lewiston with recurring fees deducted from credit, debit, or bank account or any annual membership type.
- Qualifying individual members must have a valid current photo identification on file, have their own individual key tag, and agree in writing to this agreement's terms.

NOTE: GUESTS ARE NOT ALLOWED TO USE FTFA BENEFITS AT ANY TIME.

FTFA FEES

The monthly fee is \$5 per month per member which will be deducted from credit, debit, or bank account on file. Emergency First Responders (law enforcement, fire fighters, & paramedics) who provide current credentials and Annual Members will have the fee waived.

SAFETY AND SECURITY

Staff will not be present on-site after hours, although the facility is monitored remotely with a 24-hour video surveillance system. We also have a dedicated landline set up for members to use in case of emergency, as well as a first aid kit if needed.

To complete enrollment in the FTFA program, you must agree to the policies on the following pages by initialing beside each, then signing below.

FULL-TIME FITNESS ACCESS (FTFA) AGREEMENT AND WAIVER OF LIABILITY

- _____ I understand that I will be contacted when FTFA has been approved via email which may take up to 2 business days.
- _____ I understand I must scan-in each time I use FTFA.
- _____ I understand my FTFA key tag is exclusive to me and that I may not give anyone else access to use it.
- _____ I understand FTFA may be disabled due to non-payment or overdue membership fees.
- _____ I understand use of areas in the facilities that are closed/locked/gated is prohibited. Violation will result in FTFA being disabled.
- _____ I understand that I am not allowed to bring any guest or member without FTFA into the facility, doing so will result in immediate cancellation of my membership without refund. I also understand that if I allow access to anyone, that is considered trespassing and legal action will be taken against myself and that the trespasser.
- _____ I understand during snow days, snow removal will not be completed until staff are present (or later if there is a delay in operating hours). Members with after-hours access will be notified of closures for severe weather and/or power outages that result in unsafe conditions via our website, social media, and the YMCA app. During inclement weather, you may still access the facility after hours but at your own risk from the elements.
- _____ I understand that I must wipe down all wellness equipment with the provided disinfectant wipes after use.
- _____ I understand that I must provide the Y with contact information changes (address, phone, email) as they occur.
- _____ I understand that the YMCA Auburn-Lewiston highly recommends that you have an adult workout partner, who also has a FTFA membership, accompany you while using the YMCA during unstaffed hours.
- _____ I understand that the facility is not staffed after regular operating hours. In an emergency, a phone, first aid kit, and AED are available.
- _____ I understand that should I require immediate assistance; none may be available.
- _____ I understand the privilege of FTFA may not be granted or may be revoked at any time at the sole discretion of the YMCA of Auburn-Lewiston. Violators of the guidelines, policies, and procedures for FTFA are subject to penalties up to and including permanent membership termination, and/or prosecution if deemed appropriate. No refunds will be given if membership is terminated due to misconduct.

Print Name: _____

Signature (by hand): _____

Date: _____

Witnessed by: _____

Date: _____

THE FOLLOWING CONDUCT AND/OR BEHAVIORS ARE STRICTLY PROHIBITED

- _____ Providing personal training, instruction or coaching unless approved in writing beforehand.
- _____ Use of equipment in a manner different than intended by the manufacturer.
- _____ Failure to wear appropriate workout gear when actively using equipment and spaces, i.e., no street, open toed, or open heeled shoes.
- _____ Selling merchandise and/or products of any kind.
- _____ Taking photos or videos of other members in the facility.
- _____ Use of camera or video equipment (including cell phone) in restrooms.
- _____ Projecting phone calls or music. Any personal music usage requires headphones or earbuds.
- _____ Using areas of the facility that are closed/gated.
- _____ Bringing in a weapon with or without a permit. Carrying or concealing any weapons or devices and objects that may be used as weapons. This applies to off-duty law enforcement.

Print Name: _____

Signature (by hand): _____

Date: _____

Witnessed by: _____

Date: _____

SUBMIT TO THE WELCOME CENTER AT 62 TURNER STREET UPON COMPLETION

Unit Number (office use only): _____