

MAKE IT POSSIBLE FOR YOUR EMPLOYEES TO RECEIVE A CORPORATE MEMBER DISCOUNT AT YOUR LOCAL YMCA!

Group Exercise • Open Gym • Personal Training • Cycling • TRX

Pool & Sauna • Nutrition • Summer Swim Lessons • Yoga • Weights

Membership grants access to our three local Fitness Centers and our Outdoor Learning & Education Center (includes other Y locations throughout Maine, plus 2,700 centers nationwide).

Y @ Turner St.

62 Turner Street, Auburn 207-795-4095

Fitness & Youth Sports

Y @ Health Club & Spa

1977 S. Lisbon Rd, Lewiston 207-777-1300

Fitness & Aquatics

Y@CMMC

12 High Street, Lewiston 207-795-2473

Fitness & Wellness

Y's Outdoor Learning & Education Center

167 Stetson Rd, Auburn 207-241-0075

Outdoor family fun including Aquatics, Archery, Basketball, Hiking, Pool Parties with Bouncy House, Summer Camp, and more!

If you wish to take advantage of this membership program for your employees, please contact Jamie Faloon ¡faloon@alymca.org

YOUR CORPORATE MEMBERSHIP INCLUDES:

- No annual fee or joiner fee.
- · Reduced rates on youth sports programs.
- Friendly, safe, and supportive family fitness environments.
- A variety of group exercise classes both in person and virtual.
- Caring and trained staff to support your health and well-being goals.
- Personal training and nutrition counseling at discounted rates for members.

MONTHLY RATES FOR YOUR EMPLOYEES:

| YOUNG ADULT (AGE 19-22) | \$25.00 |
|-------------------------|---------|
| ADULT (AGE 23-61) | \$30.00 |
| HOUSEHOLD FAMILY | \$50.00 |
| SENIOR (AGE 62+) | \$25.00 |